WORKSHOPS

No.	Title and Description
1A **a.m. session only** **COLLEGE PARK**	**On Thin Ice, but Anchored to Shore: A Writer's Approach to Medicine, the Body, and the Mind** **Christine Montross, M.D., M.F.A., The Warren Alpert Medical School of Brown University** Working with very sick patients requires that physicians embody two positions at once. They must join and abide with their patients as the patients endure illness and vulnerability. At the same time, doctors must maintain their own stability and security, both for their own health and for the health of their patients. How to occupy these two, seemingly contradictory positions? Psychiatrist and author Dr. Christine Montross will explore the internal emotional worlds of healers and the dilemmas faced by those in healing roles. Montross will read from and discuss her most recent book, *Falling Into the Fire: A Psychiatrist's Encounters with the Mind in Crises*, and will use anecdotes from her clinical care to launch broader discussions about the challenges in caring for the very ill.
1B **p.m. session only** **COLLEGE PARK**	**Nuts and Bolts Workshop for New GHHS Chapter Advisors** **Kathleen Kashima, Ph.D., University of Illinois, Chicago; Scott Shaffer, M.D., Albert Einstein SOM; Lynn White, M.D., The Arnold P. Gold Foundation** Attention **new** GHHS chapter advisors! Want to learn about ways to refine your GHHS chapter nomination, selection, and induction processes? Would you like to hear about strategies for bringing together and motivating your members to participate in chapter activities? Interested in building leadership and mentoring opportunities for your GHHS members? Come to this workshop with two seasoned GHHS chapter advisors and the director of GHHS to network with your peers and generate new ideas for your chapter.
2 A/B **FAYETTEVILLE**	**Honor Society Collaborations: Multiply Your Strengths and Resources** **Sheryl Pfeil, M.D., The Ohio State University COM** Does your school of medicine have more than one honor society? Are there ways for your GHHS chapter to work together with other honor societies for a common purpose or ways that you can support one another? We will discuss the advantages and barriers to honor society collaboration, focusing on the potential for interconnections between GHHS, AOA, research honor societies and others. We will explore reasons and ways to collaborate to do great things and have even greater impact. If you like to innovate, collaborate and stretch your creativity, this is the workshop for you.

3 A/B CHEROKEE ROSE	**Humanism and the Care of Patients with Limited English Proficiency** **Alex Green, M.D., M.P.H., Harvard Medical School; Alicia Fernandez, M.D., UC San Francisco** Language barriers, when not addressed appropriately, compromise health care in a number of ways. They lead to patients experiencing poor communication, high rates of medical errors and adverse events, and less humanistic care. To date, even well-intentioned health care professionals, hospitals, and training institutions have largely overlooked the seriousness of this issue. This workshop will explore humanism in the care of patients with limited English proficiency from a personal, professional, and educational perspective. We will provide a brief overview of the ssue and will describe a web-based teaching tool for interprofessional education. We will then lead several interactive exercises for participants to explore these issues in more depth as a group.
4 A/B MAGNOLIA	**Use of Narrative in the Age of Technology** **Nina Stoyan-Rosenzweig, M.A., University of Florida COM** In the last 20 years, the patient narrative has become the source of formalized study and the value of a shared story (patient sharing with physician, physician sharing with other heathcare providers, patient sharing with other patients) has become readily apparent. These developments combine with technologies that facilitate patient sharing of stories to generate powerful information and support networks that patients value tremendously. In the past, the nature of certain illnesses and society's approach to them proved isolating. Individuals suffered not only the illness but also the isolation of being unable to speak of their experience and to share with others in a variety of ways. Narrative technology not only facilitates communication between doctor and patient, it also helps facilitate healing by allowing patients to find one another, to communicate and to develop powerful bonds of shared experience. This workshop will explore the role of narrative in the physician-patient relationship and in healing, providing resources for medical educators and clinicians.
5 A/B JASMINE	**Creating Spaces for Student Voices** **Ajay Major, M.B.A., Aleena Paul, M.B.A., Albany Medical College** It is vital for students entering the health professions to have appropriate spaces in which to explore their growth during their training, to communicate effectively with their peers and the larger community, and to interact appropriately with the media. This "hackathon" style workshop will introduce participants to the range of spaces - from anonymous blogs to official publications - available in the age of technology and will provide participants with the skills and tools to create and launch their own spaces.

6 A/B GARDENIA	**Breaking Away from the iPatient to Care for the Real Patient** **Wei Wei Lee, M.D., M.P.H., Lolita Alkureishi, M.D., University of Chicago** Abraham Verghese has drawn attention to the unfortunate practice of treating the "iPatient," who exists only on the screen while ignoring the real patient. Despite rapid adoption of electronic medical records (EMRs), smartphones, tablets, and other mobile technologies into medical practice, there is little curricular focus on patient-centered technology use. This workshop will help participants understand how technology use (i.e., EMR and tablet computers) affects patient-doctor communication in both the inpatient and outpatient setting. We will provide participants with the tools to teach trainees how to optimize technology use to enhance communication with patients. Participants will receive a toolkit to aid in implementing the iPaCT curriculum at their home institutions.
7 A/B DOGWOOD	**Promoting Mindful Clinical Interaction While Using Electronic Technologies: A Group Training Intervention for Medical Education** **Colleen Fogarty, M.D., M.Sc., University of Rochester Medical Center** This workshop was developed with funding from the Arnold P. Gold Foundation to address the fast-paced training and increasingly technical environment in health care that seems to encourage more interface with computers and monitors than with patients and families. The stressors and time demands of residency provide additional incentives to become data-focused to the exclusion of relationship-focused activity. This focus on technology and data can interfere with patients' and physicians' experience of relationship-centered care. Using techniques from the literature on patient-centered EHR use combined with mindfulness techniques and self-reflection, this workshop will help learners to address the "hidden curriculum" that may appear to value the technical over the relational.
8 A/B ATLANTA I	**Humanism Research: Outcomes, Methods and Models of Collaboration** **Elizabeth Gaufberg, M.D., M.P.H., Harvard Medical School; Brandy King, M.L.I.S., The Arnold P. Gold Foundation; Richard Frankel, Ph.D.; Indiana University SOM; Paul Haidet, M.D., M.P.H, Penn State COM; Charles Christianson, M.D., Sc.M., University of North Dakota School of Medicine and Health Sciences** Join a lively and interactive forum to learn more about humanism research and develop your research ideas. Drs. Frankel and Haidet will briefly present key outcomes and methods for humanism research. Participants will have the opportunity to share their research questions and project ideas and to receive feedback utilizing the step-back consultation method. Connect with potential research partners and explore models of collaborative research between GHHS chapters. All levels of research experience welcome.

9 A/B ATLANTA II	**Relationship Enhancing Use of EHRs** **Soumya Panchanathan, M.D., University of Arizona COM, Phoenix** Many clinicians have noted that the institution of electronic health records (EHRs) in their offices and hospitals has interfered with their relationships with patients. However, we believe that the EHR should be used for calculations, organizing information, and providing reminders (things that are done well by a computer) leaving the physician free to communicate, care for and support patients. At University of Arizona College of Medicine Phoenix, we have developed tools to use EHRs in relationship enhancing ways. Through role play as patient, physician, and observer, we will examine and demonstrate some of the key elements in the use of EHRs that can enhance physician-patient relationships. **(Participants should bring personal laptop or tablet to session if possible.)**
10 A/B ATLANTA III	**The Importance of Meaning and Purpose in Medicine** **Joseph O'Donnell, M.D., Geisel SOM at Dartmouth** The September 18, 2013 issue of the *New York Times* published an article in the Opinionator section called "Medicine's Search for Meaning" by David Bornstein. This article provoked so many letters and comments to the newspaper that they ran a second article on October 2, 2013 entitled "Who Will Heal the Doctors?" This workshop will consider and describe meaning and purpose in our work and look at how we can promote it for our patients. We will brainstorm together to define what gives meaning to our lives and how to promote resilience in the busy life of a medical professional.
11 A/B ATLANTA IV	**Medicine and the Arts: Exploring the Possibilities in Humanism and the Arts** **Linda Stone, M.D., The Ohio State University COM** In 2009, as part of our Humanism in Medicine initiative at the Ohio State University College of Medicine, we began our Medicine and the Arts program. We wished to explore what might be possible if we found new ways to open the medical school and academic medical center to the healing presence of the arts. Looking across the country, we were inspired by many medicine and the arts programs and found collaborations, talent and ideas. Our Medicine and the Arts program just completed its 5th season totaling over 50 performances in music, drama, dance, comedy, and poetry. Join us as we discuss the resurgence of the arts in medicine using programming video clips, recommendations on collaborating with arts organizations, medical student program examples, financing ideas and a group discussion on creating a collaboration in the arts.

12A **a.m. session only** RIVERDALE	**Public Narrative: A Critical Tool for Building Teams in Health Care and Recruiting New Leaders** **Andrew Morris-Singer, M.D., Harvard Medical School** This interactive and unique workshop teaches the powerful skill of public narrative, a leadership technique which involves sharing anecdotes from one's leadership experience to highlight one's values. Those values, presented by the speaker as lived experiences as opposed to abstract principles, ultimately form the foundation of new connections between team members. In addition, the public act of sharing one's leadership choices acts as an invitation for other team members to follow suit and step up into leadership roles. Drawing on experience utilizing public narrative within the domains of innovation in primary care delivery and training, this workshop will help participants understand the essential components of compelling public narrative, develop their own public narrative, and will provide pearls for coaching others in the skill.	
12B **p.m. session only** RIVERDALE	**2014 GHHS Chapter Award Winners: Helping You to Develop and Realize Your GHHS Chapter Goals** **Chapter Award Winners** The 2014 GHHS Chapter Award winners are hosting a workshop to help GHHS colleagues think about ways to enhance the impact of their chapters. Come hear ideas about how your chapter can --1) promote a supportive environment for compassionate patient care, 2) develop leadership opportunities for GHHS members and 3) encourage your institution to value humanism in medicine. This will be an interactive brainstorming session so come with questions and ideas!	