

THE WAITING ROOM: Using Indian Classical Dance to Explore Dramatic Role- Playing as a Teaching Tool for Cognitive Flexibility

2023 GHHS 
Well-being
Workshop Series

TAUGHT BY SHILPA DARIVEMULA



APRIL 16 (4:30-6:30 p.m. ET)

University of North Carolina Rams
Gym Multipurpose Room

LEARN:

- about the concept of cognitive flexibility and its relationship to wellness training in clinical settings.
- how the body, its movements, and the emotional mind all play a role in impacting cognitive flexibility and can improve awareness and flexibility.
- to apply the use of cultural performative arts as a technique to practice embodied cognitive flexibility.
- to utilize this technique to improve interpersonal communication between diverse patients, peers, and supervisors.

**FREE & open to all healthcare
team members and students.**

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years**



Registration required
to attend the session.
Scan QR code or go to
gold-foundation.org/events
to register for the April 16 event.

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